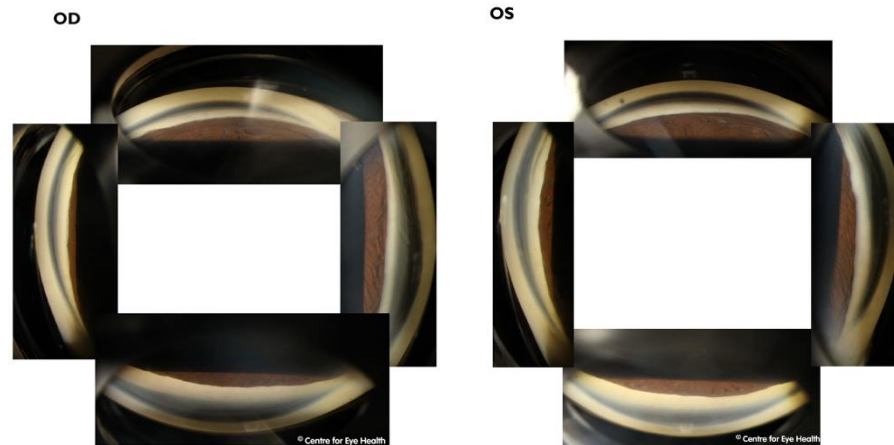
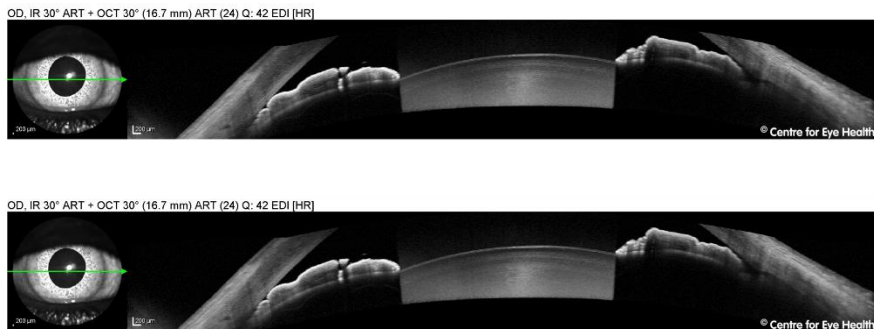




## CFEH Glaucoma Week Facebook Case

A 63-year-old Asian female reported a recent incidence of pain in the left eye and occasional blurring of the vision in this eye. Intraocular pressures were 18mmHg in each eye with average corneal thickness. Gonioscopy photos and anterior OCT images are below and illustrate the narrow nature of the angles.



The pigmented trabecular meshwork is visible in three quadrants in the right eye and no structures are visible superiorly on gonioscopy with lens tilt. On the left eye there are no structures visible in three quadrants and the posterior trabecular meshwork is just visible inferiorly, again with lens tilt. These findings are consistent with a diagnosis of narrow but non-occludable angles in the right eye and primary angle closure suspect in the left.

The next day this patient was reviewed in the Glaucoma Management Clinic (GMC) by the Centre's consultant ophthalmologist, treatment options were presented and the patient decided to undergo a prophylactic laser peripheral iridotomy. She was referred directly to the Prince of Wales Hospital Eye Clinic for this procedure and will be reviewed at the Centre 6 weeks post-op before returning to her referring optometrist for ongoing care.

Since June 2019, CFEH introduced a new Management option for referring optometrists where CFEH takes on the management of the patient's referred condition only and patients are returned to their referring practitioner for all other ocular needs. In this case, the referring optometrist had selected the Management option thus the CFEH clinical team were able to discuss the diagnosis with the patient, organise a timely follow up with a glaucoma specialist ophthalmologist, discuss treatment options, facilitate the patient's access to treatment and also conduct the follow up care of this patient. This allowed the patient timely access to appropriate care and saved the referring practitioner valuable time in organising on-referral and follow-up but maintain primary care for all other aspects.